

TRA COMPETITIVE- InterClub Team

Training Break
Holiday No Training
Regular Training Schedule
InterClub Competition
National Competition
Special Event
In House Competition

Jun-19						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

Jul-19						
S	M	T	W	T	F	S
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Aug-19						
S	M	T	W	T	F	S
4				1	2	3
5	4	5	6	7	8	9
6	11	12	13	14	15	16
7	18	19	20	21	22	23
8	25	26	27	28	29	30

Sep-19						
S	M	T	W	T	F	S
9	1	2	3	4	5	6
10	8	9	10	11	12	13
11	15	16	17	18	19	20
12	22	23	24	25	26	27
13	29	30				

Oct-19						
S	M	T	W	T	F	S
13			1	2	3	4
15	6	7	8	9	10	11
17	13	14	15	16	17	18
16	20	21	22	23	24	25
17	27	28	29	30	31	

Nov-19						
S	M	T	W	T	F	S
17					1	2
18	3	4	5	6	7	8
19	10	11	12	13	14	15
20	17	18	19	20	21	22
21	24	25	26	27	28	29

Dec-19						
S	M	T	W	T	F	S
22	1	2	3	4	5	6
23	8	9	10	11	12	13
24	15	16	17	18	19	20
25	22	23	24	25	26	27
26	29	30	31			

Jan-20						
S	M	T	W	T	F	S
26			1	2	3	4
27	5	6	7	8	9	10
28	12	13	14	15	16	17
29	19	20	21	22	23	24
30	26	27	28	29	30	31

Feb-20						
S	M	T	W	T	F	S
30						1
31	2	3	4	5	6	7
32	9	10	11	12	13	14
33	16	17	18	19	20	21
34	23	24	25	26	27	28

Mar-20						
S	M	T	W	T	F	S
35	1	2	3	4	5	6
36	8	9	10	11	12	13
36	15	16	17	18	19	20
37	22	23	24	25	26	27
38	29	30	31			

Apr-20						
S	M	T	W	T	F	S
38			1	2	3	4
39	5	6	7	8	9	10
40	12	13	14	15	16	17
41	18	19	20	21	22	23
42	26	27	28	29	30	

May-20						
S	M	T	W	T	F	S
42					1	2
43	3	4	5	6	7	8
44	10	11	12	13	14	15
45	17	18	19	20	21	22
46	24	25	26	27	28	29
47	31					

Jun-20						
S	M	T	W	T	F	S
47		1	2	3	4	5
48	7	8	9	10	11	12
49	14	15	16	17	18	19
50	21	22	23	24	25	26
51	28	29	30			

TRA InterClub Competition Schedule

Mock Meet	January 18th, 2019 (tentative)	
PACInterClub Cup	February 1st-2nd, 2020 (tentative)	Pickering Athletic Centre, Pickering, ON
Mock Meet	Feb 22nd, 2019 (Tentative)	Time TBA at OGC
TRA & DMT Just Bounce Interclub Cup	Sunday March 10th, 2019 (Tentative)	Just Bounce, North York
Mock Meet	May 16th, 2019 (Tentative)	Time TBA at OGC
T& T InterClub Cup	May 23rd-24th (Tentative)	Location TBA

Events and Facility Schedule		
Summer Shut down	July 1-9, 2019	
1st Physical Testing	August 15th, 2019	Together - Time TBA (6:00-8:00 pm ?)
1st Week of School (Holiday)	August 26th-Sept 3rd, 2019	
MAG 1st Ontario Cup	December 6th-8th, 2019 (Tenative)	Ottawa Gymnastics Centre
Winter Holiday Party	Dec 21st (Tenative)	OGC - Time TBA
Winter Holiday Shut down	December 22nd - January 1st, 2020	
2nd Physical Testing	January 11th, 2020	All together (1:00-3:00 pm - TBD)
Nutrition Seminars	Dates TBA	Loacation and Times TBA
WAG L3-L5 &L6-10 Qualifier	March 6th-7th, 2020 (tenative)	Ottawa Gymnastics Centre
3rd Physical Testing	June 6th, 2020	All together
TRA Program Party	June 15th, 2020 (Tenative)	All together (1:00-3:00 pm - TBD)
Year End Banquet	June 19th, 2020 (tenative)	Sala San Marco Event & Conference Centre 215 Preston St, Ottawa, ON K1R 7R1 5:00 pm

Revised May 28th, 2019